The YW-Teens Programs are a vital component of the YWCA of Metropolitan St. Louis. As one of the area’s most significant leadership development programs for teen girls, ages 10 to 18, the YW-Teens Programs strive to strengthen decision-making skills and develop leadership qualities in young women. Operating throughout the year, the YW-Teens Programs all focus on five major components: Personal Development, Entrepreneurship, Academics, Cultural & Performing Arts, and Health & Wellness.

Due to the enormous cost of program supplies and resources, we greatly appreciate all donations. The following list includes those items that are regularly used by participants, but by no means is complete. If you have some items you feel would be useful to the program, please do not hesitate to call and inquire about their donation.

- Pencils (No. 2)
- Pens
- Markers
- Spiral Notebooks
- Binders
- Notebook Paper
- Calculators
- Flash drives
- Tote Bags / Backpacks

We often give incentives and awards to our participants. The items listed below highlight some of the items regularly used for this purpose:

- Gift Cards (Target, Walmart, Visa/AMEX, iTunes, Restaurants, etc.)
- Nail Polish
- Jewelry
- Hair Accessories
- Photo Albums
- Picture Frames
- Earbuds
- Gel Pens
- Purses
- Journals
- Inspiration Books – Girls Empowerment
- Tickets to Cultural & Performing Arts activities
- Hats/Gloves