

# 2017 Application Form

## Future Leader Program

### PROGRAM OVERVIEW:

- YWCA Metro St. Louis is an organization committed to its mission of eliminating racism and empowering women. The Future Leader Program helps build the next generation of female leaders in the St. Louis region by strengthen and building the leadership capacity of high school juniors who exhibit great potential.

### SELECTION CRITERIA:

- Applicant must be a female student who will graduate high school in 2018 - currently a junior.
- Applicants must have a cumulative GPA of at least 3.0 (on a 4.0 scale).
- Applicants are selected based on their leadership potential, demonstrated commitment to community service and social justice, level of maturity, academic and extra-curricular achievement and their writing skills.
- Applicants **must** participate in an orientation session, a one-week intensive summer leadership academy, and culminating event. If selected as Future Leader or Runners-Up, plan to attend YWCA Leader Lunch 36 and serve on FLP Advisory for a 1-year term.
- Upon completion of the summer component participants will have the option to continue meeting on a monthly basis to further build skills and receive support in achieving their post-secondary goals.

### APPLICATION PROCESS:

- Complete the application, including the five essay questions.
- Provide TWO recommendation letters:
  - One recommendation must be from a school representative. The other should come from a community member who knows you well.
  - Recommendations cannot come from family members.
- Provide an official copy of your high school transcript (including most recent completed quarter).
- Include your name on all pages.
- Paperclip your application together. Please do not use staples to hold pages together.
- Mail, email or fax your completed application, recommendation letters, and official transcripts to:

**YWCA Metro St. Louis - Future Leader Program**  
**3820 West Pine Blvd., St. Louis, MO 63108**  
**Email: [flp@ywcastlouis.org](mailto:flp@ywcastlouis.org) Fax: 314-531-5008**

### SCHOLARSHIPS:

One \$1,500 scholarship will be presented to the 2017 Future Leader Award recipient and four Runners-Up will receive one \$500 scholarship each.

### DEADLINES/IMPORTANT DATES:

- Due Date** - completed application packet must be received by 5:00pm on **Friday, March 3, 2017**.
- Preliminary Notification Date: April 7, 2017.**
- Applicant Orientation: May 20, 2017 from 10am-2pm.**
- Scholarship Selection:** Applicants will be notified of final selection of scholarships at the FLP Culminating Event on **August 4, 2017 (tentative)**. *Scholarship checks will be presented at Leader Lunch in December 2017.*

### APPLICANT INFORMATION

NAME: Last First Middle Initial

Age Birth Date (month/day/year) Current Grade Graduation Year

ADDRESS: Street/P.O. Box

ADDRESS: City State Zip Code Country

PHONE NUMBER (With area code) Home Phone Cell Phone

EMAIL

### PARENT/GUARDIAN INFORMATION

NAME (Parent/Guardian 1): Last First Relationship to Applicant

ADDRESS: Street/P.O. Box

ADDRESS: City State Zip Code Country

HOME PHONE (With area code) CELL PHONE EMAIL

EMPLOYER OF PARENT/GUARDIAN 1 POSITION

NAME (Parent/Guardian 2): Last First Relationship to Applicant

ADDRESS: Street/P.O. Box

ADDRESS: City State Zip Code Country

HOME PHONE (With area code) CELL PHONE EMAIL

EMPLOYER OF PARENT/GUARDIAN 2 POSITION

### SCHOOL INFORMATION

COMPLETE SCHOOL NAME:

SCHOOL ADDRESS: Street/P.O. Box

SCHOOL ADDRESS: City State Zip Code

GUIDANCE COUNSELOR: Name Office Phone (With area code) Email

APPLICANT'S GPA GPA SCALE CLASS SIZE CLASS RANK

GUIDANCE COUNSELOR: Signature

### ADDITIONAL INFORMATION

What is your session preference?  Session I (June 19-23)  Session II (July 10-14)  Either

Please indicate your household annual gross income:

\$0 to \$9,999  \$10,000-\$14,999  \$15,000-\$19,999  \$20,000-\$29,999  
 \$30,000 to \$49,999  \$50,000 to \$99,999  \$100,000 and Greater

Please indicate your race/ethnicity. (Please check all that apply):

African-American  Asian  Bi-Multi-Racial  Caucasian  
 Hawaiian/Pacific Islander  Hispanic/Latino  Native American/Alaskan Native  
 Other: \_\_\_\_\_

Religion Preference:  Catholic  Jewish  Muslim  Protestant

Mormon Latter Day Saints  Non-Denomination  Other  N/A

Preferred Language:  English  Spanish  Other

Unique Attributes/Special Accommodations: \_\_\_\_\_

How did you learn about the program? (Please check all that apply):  FLP Alumnae

School Counselor/Teacher  Friend/Peer  Parent/Guardian  YWCA Staff

YWCA Website  Internet/Google Search  Facebook  Twitter  Other: \_\_\_\_\_

Applicant Name \_\_\_\_\_

**2017 YWCA Future Leader Program Application****SCHOOL & COMMUNITY ACTIVITIES:**

All of the following items must be completed for consideration; incomplete applications will not be accepted. All information will be kept confidential. Please be sure to type or print your answers legibly. You may use one additional sheet if needed.

Please list any academic awards, honors, recognitions and/or scholarships you may have received.

Name of Award, Honor, Recognition, Scholarship	Year Received	Reason Received

Please list your extracurricular activities in school. Be sure to include leadership positions.

Activity	Dates of Participation	Office(s) Held

Please list your community involvement. Be sure to include leadership positions.

Organization	Volunteer Role/Activity	# Hours Volunteered	Length of Service	Did you receive high school credit? (Y/N)

Please list any interests or hobbies.

Hobbies/Interests

**ESSAY QUESTIONS:**

On a separate sheet of paper, please type your responses to the following questions. Limit your responses to approximately 200 words for each question. Please write the question number and the **bolded sentence** from each question at the beginning of your responses. **Essays are to be typed using Times New Roman, 12-point font; 1-inch margins and double-spaced.**

1. **What is your greatest accomplishment or life-changing moment? How has it affected who you are? How has it affected your life goals?**
2. **An essential part of the core mission of YWCA is "empowering women". Explain what "empowering women" means to you?**
3. **In your opinion, what are 2-3 critical issues facing women and girls and what are your recommendations and/or solutions to address them?**
4. **Please describe any opportunities that you have had to participate in groups or activities focusing on addressing racism/social justice issues, women's issues and/or community service. (If you had a leadership role in any of these groups, please list and briefly describe your accomplishments. If you have not yet had a chance to participate in these kinds of activities, what opportunities would you like to seek out?)**
5. **Why do you feel you deserve recognition as the YWCA Future Leader for 2017?**
6. **What are your post-secondary educational and career goals?**

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Applicant Name \_\_\_\_\_

**2017 YWCA Future Leader Program Application****REFERENCE SECTION:**

As part of the application process you are required to obtain TWO references who can attest to your qualifications for participation in the program. One reference must be from a school representative, and the other should come from a community member who knows you well. Neither of your references can come from a relative. Your references must be willing to fill out the enclosed Applicant Reference Form **and** write a one-page letter of recommendation for you. Please make sure to ask your references for assistance within an adequate amount of time. Your references may either send their reference forms and letters of recommendation directly to YWCA by [flp@ywcastlouis.org](mailto:flp@ywcastlouis.org) or fax 314.531.5008 by March 3, 2017. If recommendation letters are included with your application, please ask your references to submit the materials to you in a sealed envelope with their signature across the seal.

Please provide some information about your references below:

**REFERENCE 1:**


---

NAME:                      First                                      Last                                      Phone (include area code)                                      Email

---

ADDRESS: Street    City                                      State                                      Zip Code

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YOUR RELATIONSHIP TO THIS PERSON

**REFERENCE 2:**


---

NAME:                      First                                      Last                                      Phone (include area code)                                      Email

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ADDRESS: Street    City                                      State                                      Zip Code

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YOUR RELATIONSHIP TO THIS PERSON

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Applicant Name \_\_\_\_\_

**2017 YWCA Future Leader Program Application  
Reference Form**

**To the Reference:**

The YWCA Future Leader Program (FLP) is a leadership/scholarship program for high school girls who demonstrate leadership potential in their schools and communities. Participants from across the St. Louis Region of various cultural and socioeconomic backgrounds gather to acquire the knowledge, skills, and resources needed to exercise leadership rooted in courage, compassion, and perseverance. FLP consists of interactive workshops, presentations, discussions, and other hands-on training in specific leadership skills, including public speaking and team building.

To benefit from this full, intense experience, participants must be mature, self-motivated and respectful. We would appreciate your thoughtful reflection on these and other qualities that will help us evaluate this applicant for our program. Please mention in your letter any aspects of the applicant's personality, character, or situation that you consider pertinent to our program. If you have any further questions about FLP, please contact us at 314.531.1115, Ext. 5277 or email us at [flp@ywcastlouis.org](mailto:flp@ywcastlouis.org). Also visit our website: [www.ywcastlouis.org](http://www.ywcastlouis.org).

\_\_\_\_\_  
PRINTED NAME\_\_\_\_\_  
SIGNATURE\_\_\_\_\_  
TITLE\_\_\_\_\_  
ORGANIZATION\_\_\_\_\_  
ADDRESS: STREET/P.O. BOX\_\_\_\_\_  
ADDRESS: CITY\_\_\_\_\_  
STATE\_\_\_\_\_  
ZIP CODE\_\_\_\_\_  
COUNTRY\_\_\_\_\_  
EMAIL ADDRESS\_\_\_\_\_  
RELATIONSHIP TO APPLICANT\_\_\_\_\_  
HOW LONG HAVE YOU KNOWN THE APPLICANT?

Please attach a one-page letter of reference that includes the applicant's full name with specific examples that illustrate any combination of the following:

- ✓ leadership skills and potential
- ✓ communication skills
- ✓ maturity, independence, and perseverance
- ✓ awareness of social/civic issues
- ✓ ability to be a team player
- ✓ involvement with school and/or community activities
- ✓ inquisitiveness/curiosity about life and the broader community
- ✓ interpersonal skills
- ✓ special talents/skills she possesses

**Please send completed reference by March 3, 2017 to:**

**YWCA Metro St. Louis  
YW-Teens - Future Leader Program  
3820 West Pine Blvd.  
St. Louis, MO 63108**

If you give your reference form and letter of recommendation to the applicant to be mailed with their application, please submit your reference to them in a sealed envelope with your signature across the seal.

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## 2017 YWCA Future Leaders Program

### PROGRAM CURRICULUM:

The Future Leader Program is a multi-faceted program that allows young women to explore the different models and practices of leadership development while focusing on opportunities to be engaged in the community. During the summer, young women gather for in-depth leadership training and community service learning projects. As young women learn to discover their own leadership style, they will be given opportunities to hone their skills by leading group and service learning projects in the community.

Participants will also engage in stimulating and progressive dialog with each other and women in the community about various topics to include the YWCA's core tenets of eliminating racism and empowering women.

### TIME COMMITMENT:

Once notification of preliminary selection as a Future Leader has been confirmed, all applicants will be expected to make the following time commitment:

- ✓ Attend Future Leader Orientation – May 20, 2017 from 10am-2pm. Details and location will be included in notification of preliminary selection.
- ✓ Attend and actively participate in a 5-day Future Leader Academy.

Applicants can select between the following dates:

- Session I – June 19-23, 2017
- Session II – July 10-14, 2017

Each session will operate approximately 6-8 hours per day. Specific times are to be decided.

Other important dates to plan for include:

- ✓ Future Leader Program Culminating Event – August 4, 2017
- ✓ Leader Lunch Orientation (Future Leader Award Recipient Only) – September 2017
- ✓ Future Leader Advisory Committee Orientation (Future Leader and Runners-Up) - October 2017
- ✓ Leader Lunch – December 2017

If you are selected to receive a Future Leader Scholarship there may be an additional time commitment. Dates are subject to change with notification.

### EXPECTATIONS:

The Future Leader Program is exciting and worth your investment of time, energy and active participation. Some of the expectations of young women selected for participation in the Future Leader Program include:

- ✓ Attend ALL Future Leader Program activities.
- ✓ Actively participate in activities and discussions.
- ✓ Show respect for peers, staff and guests of the Future Leader Program at all times.
- ✓ Be open to new ideas and new points of view.
- ✓ Have fun and enjoy the leadership journey!

### PARENTAL INVOLVEMENT:

While the Future Leader Program is designed for young women, parents of applicants are an important partner in making this a positive learning experience. Please share this information and discuss it with your parents/guardians prior to making the investment of time to complete the application. Parental support, participation at the FLP Culminating Event and completion of a FLP Parent Survey are expected.

### PRELIMINARY SELECTION:

YWCA staff will review all applications to ensure they contain all components (completed and signed application, essays, letters of recommendation, official transcript) are received by March 3, 2017 deadline. If the FLP application package is complete, the applicant will be invited to participate in the program. In order to be considered for a scholarship, applicants must complete the 5-day Future Leader Academy without exception.

### FUTURE LEADER SCHOLARSHIP SELECTION:

A Future Leader Selection Committee will make the final decision of the 2017 YWCA Future Leader Award and Runners-Up. The Committee will assess each participant based on the selection criteria listed on page 1. In addition, YWCA staff will provide attendance/completion information from the Future Leader Academy as part of the selection/scoring process. Remember, to be considered for the Future Leader Award and Runners-Up, participants must successfully complete Session 1 or Session 2 of the Future Leader Academy.

All participants who complete the program will receive a Certificate of Completion at the FLP Culminating Event and receive credit for volunteer hours served.

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## 2017 YWCA Future Leader Program Application

All of the following items must be completed for consideration. Incomplete applications will not be accepted. All information will be kept confidential. Please be sure to type or print your answers legibly. You may use additional paper if needed. The deadline is March 3, 2017.

Please check to ensure that you have completed and included all of the following items in your application packet.

- COMPLETED APPLICATION FORM** (Remember to get your counselor's signature)
- FIVE ESSAYS, TYPEWRITTEN** (Essays will be evaluated for writing quality, including grammar, spelling, punctuation and clarity)
- TWO LETTERS OF RECOMMENDATION** (One from school counselor/administrator or teacher **and** one from a community member)
- OFFICIAL HIGH SCHOOL TRANSCRIPT** (Transcript must be the most recent for the last quarter/trimester completed)

All information above is due to the YWCA Metro St. Louis by

**March 3, 2017**

**Incomplete applications will not be considered.**

### CERTIFICATION:

I/we certify that the information provided on this application is complete and correct to the best of my/our knowledge.

Signature of Applicant \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Parent/Guardian 1 \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Parent/Guardian 2 \_\_\_\_\_ Date: \_\_\_\_\_

Please submit all initial materials (application, essays and recommendation letters\*) together in one complete application package to:

**YWCA Metro St. Louis  
YW-Teens - Future Leader Program  
3820 West Pine Blvd.  
St. Louis, MO 63108**

**COMPLETED APPLICATION PACKAGES ARE DUE NO LATER THAN**

**March 3, 2017**

*\*If recommendation letters are included with your application, please ask your references to submit the materials to you in a sealed envelope with their signature across the seal.*

If you have questions or concerns, please contact the YWCA at 314.531.1115, Ext. 5277 or visit our website at

[www.ywcastlouis.org](http://www.ywcastlouis.org)

*Thank you and good luck!*

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